



# Understanding mindset and new working environments and overcoming resistance

We support self-organized, interdisciplinary teams in order to tap the full potential of conflicting perspectives. We facilitate the "prototyping sense" as well as judgment-free brainstorming, strengthen empathy for true user needs and promote the enjoyment of co-creation with clients. We help navigating through VUCA worlds and permanent adaptation.

## We make new agile working worlds comprehensible and tangible to experience!

"New ways of working" - the term is well known. But what might these look like in your company? Which mindset would be necessary? How can employees manage to adopt their new roles in the development of an agile setting without difficulty?

#### **Bringing perspectives closer together**

VitaminT supports employees and managers in bringing their life realities closer together. For example through scenic time travel which is clearly visualized by our professional business actors. We gently shake up the familiar world of the participants with scenarios from "here and now". With emotional depth and appropriate humor, we show why changes are presently really necessary and which stumbling blocks continue to prevent change. Together with the participants we test how daily standup meetings, reviews or retros can be carried out effectively.

#### Joy of experimenting and the desire to fail

Our improvisational theatre background offers the full potential to create a lively,

realistic training space - not only for teams. In a protected space, it is even possible to explore one's own empathy; for example in simulated conversations with customers. It's the perfect opportunity to train contact and cooperation with clients extensively and without sanctions - especially in difficult situations. Participants also learn to confidently act together in VUCA situations; with the necessary courage, but also with respect and openness to adjust their own focus and increase common commitment. In other words, the perfect setting for rediscovering the joy of not being afraid of experimentation and failure.



### Case studies from previous projects

How do we support innovation and agility in concrete terms? How do we make an abstract mindset and new working worlds tangible and overcome resistance? Many case studies will illustrate this:



**DZ BANK Design Thinking -JUST DO IT!** 

attitudes and concerns of employees tangible

Format: Large group event for 60 participants with alternating plenary and group sessions on the OTTO Campus in cooperation with offstandards

**Duration:** 1 day

Goal: To make agile work tangible and to make the different Goal: To convey the mindset, process and tools of Design Thinking in experience-oriented in-house workshops and then to help participants to develop their own Design Thinking projects

> Format and duration: 2 days of in-house training, then 100 days of remote coaching with individual Implementation, then follow-up workshop in-house



Goal: To take risks and allow failure to be a learning experience, thus building a dynamic, sustainable corporate culture at all levels.

**Format:** Various corporate theater formats during the Global Management Days with over 250 international managers

**Duration:** Three sessions of several hours during the three-day executive conference



**Goal:** To visualize positive and painful experiences of the first 2 years of Agile Transformation and to encourage the exchange of experiences with other organizations Format: Agile Safari at metafinanz with participants from other organizations

**Duration:** In the afternoon in-house at metafinanz with subsequent networking

### VitaminT: Interactive. Business experienced. Realistic.

#### The tailored alternative to standard formats

Do you already have a topic for which you would like to have a change from existing event formats? Then you are exactly right with us! We can also bring your theme to the stage in a customized way. As seminar theater (for smaller groups), change or forum theater (ideal for large groups), coaching or in other flexible formats. From one hour to two days. Present on site or virtually via videoconferencing system of your choice, allowing you to reach a large number of employees in the shortest possible time - even internationally. In addition to this, we also offer integrated complete solutions in cooperation with our partners, if required. And not only in German, but also in Swiss German, French or

You are welcome to contact us without obligation to develop initial ideas:

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